



READY To Stand Curriculum®

Law Enforcement and First Responders Preview Guide

Human Trafficking Prevention Education Curriculum

Home Office: (402) 521-3080

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Note from the CEO

Thank you for your interest in The Set Me Free Project's® READY to Stand Curriculum® for Adults of every facet of the community. This curriculum aims to empower our community to recognize the signs of human trafficking and that we and others have value, human dignity, and worth. Our curriculum is informative, interactive, and flexible –bringing empowerment instead of fear.

It is an honor to see lives changed. It is an honor to do what we do and make a difference. What you do as Law Enforcement and First Responders is so important to our communities, and we value you tremendously. That's why collaborating with The Set Me Free Project® is critical; we want to keep our communities safe. It is an honor to do what we do and make a difference.

Prevention education gives communities the tools to recognize human trafficking and the grooming process of people who want to do harm, Prevention education also helps us all to lower and eliminate human trafficking in our communities. But more important than that, powerful prevention education changes lives.

So, thank you for joining us in this important work! We are READY to stand together, and with your help, we can stop human trafficking before it starts.

~ Stephanie Olson, CEO and Founder



Our History

In the summer of 2014, the founding members of The Set Me Free Project® began researching and training on human trafficking. They quickly realized that they had not fully understood the risk to their children, and most parents did not understand either. Furthermore, no school district in their community provided any awareness or prevention education on human trafficking to any youth - the targets.

For this reason, For this reason, The Set Me Project® is now serving communities nationwide by bringing prevention education to students, parents, educators, businesses, and industries.

Our Mission

The Set Me Free Project's® mission is to stop human trafficking before it starts by providing prevention education to all ages.

About the Curriculum

The Set Me Free Project's® READY to Stand Curriculum® is designed to engage and empower participants. By offering fun and flexible programming for all groups, we believe everyone can take a stand against human trafficking.

We believe that our READY to Stand Curriculum® has a place in every school, organization, business, and community because prevention education is something that not only benefits our community but can have an enduring impact on the world.



Our Core Values

- Personal Value: We are committed to the belief that every person has value and deserves equitable treatment.
- Compassionate Prevention: We are committed to keeping youth safe through compassionate and empathetic prevention.
- Integrity: We are committed to personal and professional integrity, working individually and collaboratively.
- Striving for excellence: We are committed to boldly, yet humbly, striving for excellence.
- Creative Solutions: We are committed to finding creative solutions through ongoing education.
- Fun: We are committed to fun in everything we do.



Sex and Labor Trafficking and Forced Criminalization

OBJECTIVES

- Gain and understand a complete understanding of human trafficking.
- Identify what sex and labor trafficking looks like in our communities and what it does not look like.
- Understand and identify what factors make individuals the most vulnerable to sex trafficking.
- Be able to define the grooming process and list the order in which it typically takes place and how traffickers use it.
- Identify the dangers of social media sites and online gaming platforms. Be able to discuss and review the social media sites and online gaming platforms that traffickers often use.
- Identify how to spot an individual being trafficked and what to do when spotted.
- Illustrate how we can prevent our citizens from becoming trafficked for sex and/or labor.
- Be able to understand the link between sex and labor trafficking.
- Define forced criminalization and its link with sex and labor trafficking.
- Identify safe labor attributes and personal warning signs after hire.



Continued

DISCUSSION

- Human Trafficking 101
 - Distinguish between force, fraud, or coercion
 - The reality of human trafficking
 - Identifying a trafficking situation
 - Determine the stages of grooming in scenarios
 - Recognizing vulnerabilities/protective factors
 - Trafficking warning signs
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Trauma

OBJECTIVES

- Define trauma; recognize the three (3) different types
- How to serve with a trauma-informed lens
- Recognize how trauma manifests in individuals



DISCUSSION

- Understanding trauma
- Different types of trauma
- Trauma responses in individuals
- Trauma and trafficking
- How can trauma impact interviewing?
- What about your trauma?





Contact Us

Should you need any further information, please do not hesitate to contact us.

For additional information, please contact us at:
Home Office (402) 521-3080
info@setmefreeproject.net
3606 N. 156th Street
Ste 101 #128
Omaha, Nebraska 68116